

University Interscholastic League Volleyball Update – 2015



### **AGENDA**

- UIL Rule Changes
  - Season Dates
- NFHS Rules Changes
  - MaxPreps
- Volleyball Plan Practice Regulations
  - Game Definitions and Regulations
- Coaching Requirements and Training
- Forms/Student Eligibility for All UIL Contests
  - Eligibility for Athletics
  - Charitable Cause Guidelines
    - 2015 Regional Sites
      - Resources

#### **UIL RULE CHANGES 2015-16**

Unless noted otherwise, effective August 1, 2015

#### **GENERAL**

- Increase the number of teams advancing to the playoffs from each team sport district to four (4) for conference 2A
- Change to preseason practice requirements water and rest breaks now count.
- Addition of Pilot Spirit Program

#### **FOOTBALL**

• Create a pilot program providing home field advantage to the higher seed in the first round of the 2015 6A football playoffs

#### **UIL RULE CHANGES 2015-16**

#### **VOLLEYBALL**

• Create a separate championship for Conference 1A volleyball

#### **BASKETBALL**

• Allow three (3) games per day in a one (1) day tournament scheduled on Saturday

#### **SOCCER**

• Allow three (3) games per day in a one (1) day tournament scheduled on Saturday

#### **SWIMMING & DIVING**

• Addition of a fee scale for Swimming and Diving Officials to section 1204

#### **UIL RULE CHANGES 2015-16**

#### TEAM TENNIS

- Allowance for elimination of the championship and third place matches at the Area Meet, by mutual agreement
- Change scoring format in both singles and doubles (including mixed doubles) to a ten (10) point match tie breaker in lieu of a third set, when the first two sets are split

### Dates for 2015 Volleyball Season

August 3 First day to issue equipment and conduct

workouts outside the school day, all

conferences

August 7 First day for scrimmages, all conferences.

August 10 First day for matches, all conferences

October 31 District Certification Deadline

November 2-3 Bi-district – All conferences

**November 5-7 Area – All conferences** 

November 9-10 Regional Quarterfinals – All conferences

November 13-14 Regional Tournaments – All conferences

**November 18-21** State Tournament (CCC, Garland)

# NFHS VOLLEYBALL RULE CHANGES 2015

7-1- New 5, 6: Allows team to correct a lineup error by way of a legal substitution when a number is listed that no player is wearing and if a number is listed twice. The team must still submit and accurate roster.

Rationale: Maintains consistency within the rules by allowing a substitution to correct a lineup issue that otherwise does not affect the match.

9-9-1, 4-2-2, 5-4-3c(20), 5-5-3b(21), 5-6-3(h), 10-2-7 Penalties, 10-3 Penalties, 10-4 Penalties, 11-2 Penalties, 12-2-6 NOTE 2: The penalty system for an unnecessary delay now consists of an administrative yellow card warning for the first delay and an administrative red card for subsequent delay(s) in the same set, resulting in a loss of rally point.

Repeated unnecessary delay violations in multiple sets may be considered and penalized as unsporting conduct. All rules with the unnecessary delay penalty and administrative requirements are adjusted to the new system. The unnecessary delay signal (#22) is replaced with a new signal.

### NFHS VOLLEYBALL RULE CHANGES 2015

Rationale: The penalty of a loss of time-out or loss of rally point for the first unnecessary delay is significantly more severe than the violation. Issuing a single team warning (administrative yellow card) during a set before issuing a penalty of loss of rally/point for a subsequent delay is more appropriate.

10-2-5, 10-2-6c: Substitutions occurring during a time-out shall now enter the set at the end of the time-out and follow normal exchange procedures.

Rationale: Improves the communication between the second and first referees, coaches and fans when a substitution occurs at a time-out.

11-5-New 1, 2: Provides that a two minute intermission may be used between sets two and three in addition to the regular three minute interval for a total of five minutes.

Rationale: Provides consistency and guidelines for schools conducting promotional or special recognition activities between sets.

# NFHS VOLLEYBALL RULE CHANGES 2015

2015-16 VOLLEYBALL EDITORIAL CHANGES

1-2-3a, 5-5-3b7, 12-2-7, 8 PENALTIES

#### 2015-16 VOLLEYBALL POINTS OF EMPHASIS

- 1. Unnecessary Delay and the Use of Administrative Cards
- 2. Solid Colored Uniform Top Review
- 3. Resuming Play After Intermission
- 4. Preventive Officiating
- 5. Annual Review of Equipment and Facilities

### **MaxPreps**

Coaches are required to submit playoff results immediately following their contest. The winning school should submit playoff game results and next round information (including game time and location) via MaxPreps through the assigned coach/admin account. The score reported by a coach on a team's page will automatically fill in the bracket.

The completeness of the data presented on the UIL Texas Scoreboard will be dependent upon the participation of schools and coaches. For more information, please see http://www.uiltexas.org/athletics/uil-maxpreps.

# C&CR Section 1330 VOLLEYBALL PLAN PRACTICE REGULATIONS

- One practice a day = maximum of 3 hours
- Two practices a day = no more than 5 hours; minimum of TWO HOURS rest/recovery time between the two practices
- Rest and water breaks are now included as practice activities
- Multiple practices may be scheduled on consecutive days (volleyball ONLY)
- No scrimmages until August 7<sup>th</sup>

### LIMITATIONS ON JUNIOR HIGH PRACTICE AND PERFORMANCE

#### **Activities During the School Year:**

- School Week Limitation Junior high allowed one contest or meet per calendar week, plus tournament in team sport activities (other than football)
- Eight Hour Rule







Single match - A single match shall be defined as: NFHS Rule 1-2-1, 2, 3 Art. 1...A match shall consist of the best three-out-of-five sets. The first team to win three sets shall be the winner of the match. The fourth and fifth sets shall not be played unless it is necessary to determine the winner of the match.

<u>Dual match</u> - consists of a team that plays two other teams or plays the same team twice at the same site (must be the same level of competition); counts as one contest for the school week, one of the two matches UIL permits students per calendar week and counts as two of the total matches for the student per season; second match should be played as soon as it can be scheduled for one team after their first match; a dual match can be held any day of the week; all teams at one site do not have to play a dual match.

<u>Double header</u> - A student may play in a varsity and a junior varsity match, a junior varsity match and a ninth grade match, or a ninth grade and a varsity match the same night. This counts as the total two allowable matches UIL permits the student for the calendar week and counts as two of the total matches for the season.

Scrimmage - a meeting of not more than four teams for practice purposes which does not count as a game for any of the teams; admission may be charged. Officials may be paid in accordance with the schedule in Section 1204 and may, by prior agreement with the school, be reimbursed for mileage and meals. A school shall not play in a scrimmage after its first interschool game or match in that sport.

Warm-up Games - Teams in the play-offs may play warm-up matches. All warm-up matches must count in the match limitation for the school year.

EXCEPTION: If the district champions have a bye for the first round, those schools may schedule a warm-up match in addition to the match limits. This additional match shall be played on a non-school night with no loss of school time. NOTE: A bi-district game may be played on Thursday during the week of a warm-up game (according to Texas Education Agency interpretations).

<u>Pool Play</u> - A team may play in pool play during the first rounds of a tournament provided the pool games consist of two "mini-games" using rally scoring 0-15 (cap at 20) <u>OR</u> regulation and modified regulation 2-out-of-3 matches using rally scoring 0-25 (no cap).

<u>Tournaments</u> - A tournament consists of at least three teams assembled at one site for competition.

• 2 matches can be substituted for one tournament

0 tournaments and 27 matches

1 tournament and 25 matches

2 tournaments and 23 matches

3 tournaments and 21 matches

- 3 matches per day in tournament play
- EXCEPTIONS: May play in 4 matches in a 1- or 2-day tournament (Friday/Saturday)

# Coaching Requirements and Training (State Law)

- CPR and First Aid Training
- AED Training
- Safety Training



• Concussion Training (2 hours every other year/1 hour annually)

# RULES COMPLIANCE PROGRAM (RCP)

Available **ONLY** online – www.uil-texas.net

- Constitution & Contest Rules (HS/JH)
- Ethics & sportsmanship
- UIL steroid education video
- Safety training
- Sport-specific module for each sport

# UIL Coaching Requirements and Training 2015-16

Link available on the UIL website or visit www.nfhslearn.org

- 1. NFHS TEACHING AND MODELING BEHAVIOR COURSE
  - 1.5 hour course/\$20 minimum penalty for coach ejection
- 2. NFHS FUNDAMENTALS OF COACHING COURSE
  - 6 hour course/\$35 all first year coaches and any coach who is not a full time employee of the school district.
  - PLEASE PRINT CERTIFICATE TO VERIFY COMPLETION.
- 3. Safety Training for Cheerleader Coach/Sponsor

### REQUIRED FORMS FOR ALL STUDENT PARTICIPATION

- Pre Participation Physical Examination Form
- Medical History Form
- Rules Acknowledgment Form
- Parent or Guardian Permit
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form
- Concussion Acknowledgement Form
- Sudden Cardiac Arrest Awareness Form

### C&CR Section 400 STUDENT ELIGIBILITY FOR ALL UIL CONTESTS

Students are eligible to represent their school in varsity interscholastic activities if they-

- are not a high school graduate
- are a full-time student
- meet regular attendance policies/15 day rule (Varsity

#### only)

- meet credit requirements (No pass, No play)
- are enrolled in four year program
- are eligible under the age rule (Waiver)
- was not recruited (PAPF)
- have observed all provisions of the Awards Rule
- meets requirements under C&CR Section 440



### "NO PASS, NO PLAY"

#### Eligibility for the FIRST Six Weeks (Credit Requirements)

Grades nine and below - promoted

- Parents retaining a student
- Grade Placement Committee

Second Year of High School – five accumulated credits

Third Year of High School - ten accumulated credits or five credits within the last twelve months

Fourth Year or High School - fifteen accumulated credits or five credits within the last twelve months

# C&CR Section 440 VARSITY ELIGIBILITY ATHLETICS

- Meets all requirements of Section 400
- Is an amateur (See Section 441)
- Meets Parent Residence Rule (See Section 442)
- Meets the Age Rule (See Section 446)
- Has not changed schools for athletic purposes
  - Previous Athletic Participation Form (See Section 443)

# C&CR Section 443(e) ATHLETIC ELIGIBILITY –PAPF

• All new students in grades 9-12 who have ever practiced (before, during or after school) or participated in any UIL athletic activity in grade 8-12 at another school <u>MUST</u> have a Previous Athletic Participation Form completed by the previous school (last school of participation) and be approved by the District Executive Committee <u>before</u> they are eligible to participate at the varsity level at the new school.

• The new form includes the student eligibility questionnaire that must be completed first for any student new to that school district before participation.

**Process for** PAPF STARTS WITH SCHOOL **Previous Athletic** AFTER STUDENT HAS ENROLLED IN NEW SCHOOL **Participation Form** (PAPF) NEW SCHOOL COMPLETES AND SENDS TO FORMER SCHOOL DEC COMMITTEE REVIEWS PAPF TO DETERMINE VARSITY **ELIGIBILITY** FORMER SCHOOL COMPLETES AND SENDS BACK TO NEW **SCHOOL** IF ANY OF NEW SCHOOL SENDS PAPF TO SECTION 3 A L L DISTRICT EXECUTIVE COMMITTEE CHAIR (DEC) **DEC CHAIR SENDS DEC HEARING** REQUIRED APPROVED COPIES TO SCHOOL AND UIL OFFICE

### PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)

• Submit both page 1 and 2 (Questionnaire and PAPF)

• Complete the most updated version

- Send a legible copy
- UIL does not retain a copy of the PAPF when sent to school for revisions or clarifications, so please return both pages.

### PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)

#### Some common indicators for changing schools for athletic purposes-

- Checking to see if a student was recruited
- Ascertaining whether a student was in good standing in the previous school, either academically or in a sports program
- Determining if a student was unhappy with a coach in the previous school
- Determining if a student played on a non-school team and is transferring to the school where members of the non-school team attend
- Determining if a student played on a non-school team and is transferring to the school where the non-school team coach, or a relative of the school coach, is the school coach.
- Determining if a student received individual or team instruction from a school coach and is transferring to the school of that coach.

#### Previous Athletic Participation Form University Interscholastic League

Page 1 Revised 08/01/14

Eligibility Questionnaire for New Student Athletes in Grades 9-12

For UIL Use Only

This Form Must be on File with School Before Participation at any Level in Grade 9-12 (To be filled out by the student and/or parent and filed with the school.)

Name of Student (print)			Grade	Birthdate	Age
Student's Current Address:			City	State	Zip Code
New School: City			<b> _ _ F</b>	Public Charter	Private School
Last School of Participation: City			State	Public Cha	rter Private School
Date of enrollment in new school: Date of w			drawal from previou	ıs school:	
Has the	stude	ent been continuously enrolled in the new school for one calendar y	year? 🗆 Yes 🗆	No	
Yes	No	Has the student ever practiced or participated in extracurricular at another school in the United States or Mexico in grades 8-12? If yes must be sent to the District Executive Committee Chairperson. If n department ONLY.	s, the student must co	mplete page 2 in addition	to page 1 and both pages
		Has the student ever enrolled or participated in a Magnet progr International Baccaluarte (IB) program in grades 9-12?     If yes, please provide the name of the school		_	
		PARENT RESIDENCE RULE: *QUESTIONS IN THIS SECTION ARE REFER 442.			
	<b>→</b>	3. Does the student live with  one parent  both parent  If the student lives with a GUARDIAN or FOSTER PARENT(S), a UI district Athletic Director/Coordinator then contact the UIL Athletic	L Parent Residence v	waiver may be required. Y	ou MUST contact the
	<b>→</b>	<ol> <li>Are the parents of the student  married  never mar If the parents are MARRIED-LIVING APART or MARRIED and the waiver may be required. You MUST contact the district Athletic Dis 5883.</li> </ol>	e student is LIVING	WITH ONE PARENT, a	UIL Parent Residence
0 000		5. Does the parent(s) of the student reside outside the attendance zone of t may be required. You MUST contact the district Athletic Director/			
		6. Is there a change in schools but no change in address? If yes, pl	ease attach an explan	ation.	
		7. Is more than one residence owned, rented or maintained by the	parents? If yes, plea	se attach an explanation.	
		<ol><li>Are any members of the family still residing at the previous resvarsity level.</li></ol>	sidence? If yes, it sho	ould be investigated prior t	o partictipation on the
		<ol><li>Are there other family members in grades K-12 attending a diffattending?</li></ol>	fferent school distric	ct other than the school d	istrict the student is now

_		of New School Coach	Date	Signature of New School Administrator	Date Date		
Sign	nature (				Date		
	Signature of Student		Date	Signature of Parent/Guardian	- B		
TO BE COMPLETED BY STUDENT, PARENT AND ADMINISTRATOR OF NEW SCHOOL  It shall be the responsibility of each school to have on file the following required annual forms for each student who participates in any practice (before school, after school or during an athletic period), scrimmage or game: Preparticipation Physical Examination (for students in their first and third year of high school participation), Medical History Form, Illegal Steroid Use and Random Steroid Testing, Parent and Student Notification/Agreement Form, Acknowledgement of Rules Form, Concussion Acknowledgement Form and Sudden Cardiac Arrest Awareness Form. Incorrect or untrue information provided by the parent or student could cause ineligibility and could result in the forfeiture of contests in which the student has participated in addition to other penalties. The following signatures certify that to the best of your knowledge, all information presented on this form is true and correct.							
		<ul><li>16. Did anyone from the new school contact the student prior to their enrollment in the new school?</li><li>17. Was the student ever prohibited from participation at the previous school? If yes, please attach an explanation.</li><li>18. Did the student play on a non-school team and is transferring to the school where members of the non-school team attend?</li></ul>					
		AMATEUR ATHLETIC RULE: REFE 15. Has the student done anythin ASSIST IN DETERMINING IF STUDEN	g to jeopardize their a		3.		
		FOREIGN EXCHANGE RULE: REFE 14. Is the student a foreign excha		468(3). Foreign Exchange Waiver is required for Varsity athletic pa	articipation.		
		12. Has the student ever repeated 13. Will (or was) the student 19 y	1. Did the student first enroll in the 9th grade more than 4 years ago? The first date of enrollment in 9th grade				
		Four Year Rule and Age Rule	: REFERENCE C&CR S	ur hours per day of instruction for either state or local 1 section 400 & 405(Four Year) & 440(c), 446 (Age).			
		FULL TIME STUDENT RULE: REFERENCE C&CR SECTION 403.					

#### Previous Athletic Participation Form University Interscholastic League

Page 2
Revised 08/01/14

All new students in grades 9-12 who have ever practiced or participated in baseball, basketball, cross country, football, golf, soccer, softball, swimming and diving, team tennis, track and field, volleyball or wrestling in grades 8-12 at another school in the United States or Mexico MUST have this form completed by the last school of participation and be approved by the District Executive Committee before they are eligible to participate at the <a href="VARSITY">VARSITY</a> LEVEL at the new school. A student being continuously enrolled for one calendar year still requires a Previous Athletic Participation form before they are eligible to participate at the <a href="VARSITY">VARSITY</a> LEVEL in athletics.

Name of Student	New School:		Last School of Participation:			
Student's current address:	Street	City	State	Zip Code		
new school. We, the student is not chang student to be declared inelig	RTIFICATION: This section should be undersigned, certify that the student is ing schools for athletic purposes and we gible and could result in the forfeiture of	in compliance with the transfer and as not recruited. We understand that	l admission policies o t any false or incorrec	f the local school district. This t information could cause the		
penalties.  Previous address		_ Status of previous residence?	sold leas	ed 🗖 vacant 🗖 still own		
PARENT SIGNATURE			DATE			
WITNESS FOR PARENT SIGNATURE DATE New school administrator or notary public (NOTARY SEAL)  If witness is the new school administrator, notarization is not required.						
TT museumen	CERTIFICATION III - CA A		. 1 00 1			
NEW SCHOOL CERTIFICATION: We certify that to our knowledge no one from our community has offered any inducement, directly or indirectly to the student or parents to move into our district. To the best of our knowledge this student is not changing schools for athletic purposes.						
Name of New School	Signature of ne	w school superindendent or designa	ted administrator	Date		

the varsity le	LAST SCHOOL OF PARTICIPATION CERTIFICA 9-12 who has ever participated in baseball, basketball, cr track and field, volleyball or wrestling in grades 8-12 at a evel at the new school. Please check the appropriate respo	oss country another sch	y, football, golf, soccer, softball, swimming and divin ool in the United States or Mexico before they are el	ng, team tennis, tennis, igible to participate at		
	ict Executive Committee (DEC) is required in the new			•		
Yes No	1. Was there any conflict or dissatisfaction between the student, his/her parents, and the athletic/academic supervisors at the school?					
	2. Was this student recruited to attend another school or was any undue influence exerted upon this student or family to change schools?					
	3. Did this student quit an athletic activity or program while enrolled in your school? If yes, attach explanation to DEC.					
	4. Was this student ever suspended or removed from you	ur school at	hletic program? If yes, attach explanation to DEC.			
	5. Would the student be prohibited from participation in athletics had they not changed schools? If yes, attach explanation to DEC.					
	6. Based on your knowledge of the student and their circ	cumstances	, is this student changing schools for athletic purpose	s?		
Print Name of Former superintendent or designated administrator  *Signature of Former superintendent or designated administrator (* two signatures required)  *Signature of Former principal or coach (* two signatures required)  *Signature of Former principal or coach (* Date Signed)						
Last School of Participation:			State			
EXECUTIVE COMMITTEE APPROVAL: We certify the above named student is approved.  Check the appropriate box:  Sub-varsity only ( applying for a Waiver)  Any 'Yes' answer in Section III to questions 1-6 above requires a full hearing of the District Executive Committee (DEC) to determine the eligibility status of the student and required before applying for a Parent Residence Rule waiver. The student would be ineligible for varsity athletic participation until the DEC hears testimony from the previous school, the student/parent and the new school and makes an eligibility determination. DATE OF HEARING						
School	Conference		District No.			
(School	ol of District Executive Committee Chairman)					
Signature of	District Executive Committee Chairman	Date	Contact Email Address			
The District Chairman makes two copies of the completed form. Send one copy to the student's current school and the other copy to the University Interscholastic						
League Box	League, Box 8028, University Station, Austin, Texas, 78713, Retain the original in your file.					

### Sub Varsity/Junior High Eligibility

#### **Sub Varsity**

- Full Time Student
- Academically Eligible

#### Junior High Eligibility

- Full Time Student
- Academically Eligible
- Age Appropriate for JH athletic competition

# C&CR Section 441 AMATEUR ATHLETIC STATUS

Amateur Athletic Status is violated upon the following-

- 1. Accepting valuable consideration as an award for winning/placing in an athletic contest. Valuable consideration is defined as anything wearable, usable or salable, and includes such items as t-shirts, hamburger coupons, free or reduced rate tennis racquets, tickets to athletic contests, etc.
- 2. Accept valuable consideration for teaching or coaching any UIL sport, except beginning swimming or lifesaving lessons.
- 3. Accept valuable consideration for allowing their name to be used for advertisement of a product, plan or service.

# C&CR Section 480 LIMITATIONS ON AWARDS



#### LIMIT:

Awards Schools May Give - an award not exceed \$70 in value to a student during that student's high school enrollment at the same school for participation in UIL inter-school competition.

Awards Students May Receive - A certificate, medal, trophy or other symbolic award for participating in any UIL activity which counts on League standing, if it is given by the school, school district, the district executive committee, or the entity that organized the competition.

# C&CR Section 441 AMATEUR ATHLETIC STATUS

#### **Amateur Rule**

Valuable consideration that school teams and athletes **CAN** accept-

Examples of additional items deemed allowable under this interpretation if approved by the school, include but are not limited to:

- 1. meals, snacks or snack foods during or after practices
- 2. parties provided by parents or other students strictly for an athletic team



SEE ALSO EXCEPTIONS - C&CR Section 441 (b)



### Charitable Cause Guidelines

- 1. Competition may be held during any one week.
- 2. No exceptions to the NFHS uniform rules.
- 3. Jerseys of a different color than the school colors are not allowed.
- 4. Commemorative colored ribbons, beads, socks, etc. are recommended.



# 2015 UIL Volleyball Regional Sites 1A

Region I - TBA

Region II - TBA

Region III - TBA

Region IV - TBA

# 2015 UIL Volleyball Regional Sites 2A

#### Region I

The Coliseum, Western Texas College – Snyder, TX

#### Region II

Weatherford High School – Weatherford, TX

#### Region III

Lobo Coliseum, Longview ISD – Longview, TX

#### Region IV

Brenham High School – Brenham, TX

# 2015 UIL Volleyball Regional Sites 3A

#### Region I

Abilene Wylie Bulldog Gym, Wylie ISD-Abilene, TX

#### Region II

Midlothian High School, Midlothian ISD – Midlothian, TX

#### Region III

Lobo Coliseum, Longview ISD – Longview, TX

#### Region IV

Blossom Athletic Center, North East ISD - San Antonio, TX

### 2015 UIL Volleyball Regional Sites 4A

#### Region I

The Coliseum, Western Texas College – Snyder, TX

#### Region II

Mesquite Poteet High School – Mesquite, TX

#### Region III

Bryan High School, Bryan ISD – Bryan, TX

#### Region IV

Blossom Athletic Center, North East ISD - San Antonio, TX

# 2015 UIL Volleyball Regional Sites 5A

#### Region I

Kimbrell Arena, McMurry University–Abilene, TX

#### Region II

Berkner High School, Richardson ISD – Richardson, TX

#### Region III

Don Coleman Community Coliseum, Spring Branch ISD – Houston, TX

#### Region IV

Texas A&M University-CC, Corpus Christi ISD – Corpus Christi, TX

# 2015 UIL Volleyball Regional Sites 6A

#### Region I

Glen Rose ISD Tiger Arena, Glen Rose ISD – Glen Rose, TX

#### Region II

Bernard G. Johnson Coliseum, Sam Houston State University – Huntsville, TX

#### Region III

M.O. Center, Aldine ISD – Houston, TX

#### Region IV

Alamo Convocation Center, San Antonio ISD – San Antonio, TX



### RESOURCES

Volleyball Coach's Manual
NFHS Rule/Case Book
UIL Constitution and Contest Rules
TEA-UIL Side by Side Manual
Booster Club Guidelines
Parent Information Manual
Junior High Manual

### Questions?

Peter Contreras

pcontreras@uiltexas.org

Bree Davis

bdavis@uiltexas.org

UIL Office (512) 471-5883

